

Phenomenology of Consciousness Inventory (PCI)

PCI Dimension	Reading Condition Mean (SD)	Control Condition Mean (SD)	<i>p</i>
Negative Affect	1.38 (1.03)	0.43 (0.73)	0.042
Time Sense	3.95 (1.95)	0.52 (0.77)	0.028
Volitional Control	1.62 (1.11)	5.33 (0.68)	0.018
Memory	4.10 (1.07)	5.29 (0.63)	0.043

1
00:00:03,669 --> 00:00:01,990
as most of you know is the umbrella term

2
00:00:05,030 --> 00:00:03,679
for telepathy clairvoyance and

3
00:00:08,230 --> 00:00:05,040
precognition

4
00:00:10,950 --> 00:00:08,240
so this theory of super size it's super

5
00:00:11,589 --> 00:00:10,960
by the fact that it would require a

6
00:00:15,350 --> 00:00:11,599
level

7
00:00:18,310 --> 00:00:15,360
and skill in psi never before shown

8
00:00:19,029 --> 00:00:18,320
in any any laboratory so the medium

9
00:00:21,189 --> 00:00:19,039
would be

10
00:00:24,150 --> 00:00:21,199
performing super um telepathy

11
00:00:27,029 --> 00:00:24,160
clairvoyance and precognition

12
00:00:28,790 --> 00:00:27,039
um dr alan gold who wrote a book in 1982

13
00:00:29,990 --> 00:00:28,800

called mediumship and survival a century

14

00:00:32,229 --> 00:00:30,000

of investigation said

15

00:00:33,430 --> 00:00:32,239

if there were no evidence at all for esp

16

00:00:36,470 --> 00:00:33,440

or telepathy

17

00:00:38,549 --> 00:00:36,480

psy the case for survival could well be

18

00:00:40,950 --> 00:00:38,559

much stronger than it is

19

00:00:42,229 --> 00:00:40,960

people parapsychologists who have seen

20

00:00:44,470 --> 00:00:42,239

all the evidence for

21

00:00:46,549 --> 00:00:44,480

telepathy clairvoyance and precognition

22

00:00:48,950 --> 00:00:46,559

find super psy as the most

23

00:00:51,830 --> 00:00:48,960

um as the explanation that best

24

00:00:54,310 --> 00:00:51,840

describes best supports

25

00:00:56,310 --> 00:00:54,320

the the data the mediumship data because

26

00:00:59,910 --> 00:00:56,320

they they understand

27

00:01:02,069 --> 00:00:59,920

um what's possible and that of course

28

00:01:03,990 --> 00:01:02,079

the mediums are just getting this stuff

29

00:01:06,870 --> 00:01:04,000

um

30

00:01:07,350 --> 00:01:06,880

out from the liv the living minds of uh

31

00:01:09,590 --> 00:01:07,360

the

32

00:01:11,670 --> 00:01:09,600

minds of living people you know remote

33

00:01:14,870 --> 00:01:11,680

viewing your grandma's attic

34

00:01:16,950 --> 00:01:14,880

whatever to get their information so um

35

00:01:18,469 --> 00:01:16,960

there's this other quote patricia b

36

00:01:20,230 --> 00:01:18,479

mcconnell is an animal

37

00:01:22,230 --> 00:01:20,240

behaviorist she doesn't have anything to

38

00:01:23,590 --> 00:01:22,240

do with survival but i think this

39

00:01:25,190 --> 00:01:23,600

is a good quote just because an

40

00:01:26,550 --> 00:01:25,200

explanation makes us feel good doesn't

41

00:01:28,149 --> 00:01:26,560

mean it can't be true

42

00:01:29,910 --> 00:01:28,159

so just because we like to think it

43

00:01:31,350 --> 00:01:29,920

would be nice if there was life after

44

00:01:41,429 --> 00:01:31,360

death that doesn't

45

00:01:43,510 --> 00:01:41,439

prevent it from actually being true

46

00:01:45,030 --> 00:01:43,520

so that was proof focused research so

47

00:01:46,069 --> 00:01:45,040

we'll move on to process focused

48

00:01:47,749 --> 00:01:46,079

research

49

00:01:50,630 --> 00:01:47,759

where we look at the medium's

50

00:01:52,789 --> 00:01:50,640

experiences so at this point we can't

51
00:01:53,990 --> 00:01:52,799
no matter how much proof focused

52
00:01:56,069 --> 00:01:54,000
research we collected

53
00:01:57,510 --> 00:01:56,079
we still couldn't distinguish between

54
00:02:00,069 --> 00:01:57,520
survival and these psy

55
00:02:01,749 --> 00:02:00,079
explanations but if you simply ask a

56
00:02:03,990 --> 00:02:01,759
medium

57
00:02:05,830 --> 00:02:04,000
that's their experience with the two

58
00:02:07,429 --> 00:02:05,840
they know what psy feels like they do

59
00:02:09,749 --> 00:02:07,439
psychic readings

60
00:02:10,790 --> 00:02:09,759
it's very different than their

61
00:02:13,110 --> 00:02:10,800
experiences during

62
00:02:13,990 --> 00:02:13,120
what they're calling communication with

63
00:02:16,150 --> 00:02:14,000

the dead

64

00:02:17,510 --> 00:02:16,160

so we wanted to systematically look at

65

00:02:19,190 --> 00:02:17,520

that in the lab

66

00:02:20,869 --> 00:02:19,200

so when you ask a medium these are the

67

00:02:22,869 --> 00:02:20,879

types of things that they say

68

00:02:24,869 --> 00:02:22,879

when a spirit these are dry coats when a

69

00:02:26,229 --> 00:02:24,879

spirit is specifically there i can feel

70

00:02:28,869 --> 00:02:26,239

them energetically

71

00:02:30,790 --> 00:02:28,879

my body feels them psychically i will

72

00:02:32,550 --> 00:02:30,800

feel information coming from a person

73

00:02:33,670 --> 00:02:32,560

spiritually i will feel a presence in

74

00:02:35,509 --> 00:02:33,680

the room

75

00:02:37,670 --> 00:02:35,519

and a psychic reading is like reading a

76

00:02:38,790 --> 00:02:37,680

book and a mediumship reading is like

77

00:02:40,869 --> 00:02:38,800

seeing a play

78

00:02:42,229 --> 00:02:40,879

so they experience the two as very very

79

00:02:44,710 --> 00:02:42,239

different

80

00:02:46,390 --> 00:02:44,720

so um to address this we did a

81

00:02:47,990 --> 00:02:46,400

quantitative study

82

00:02:50,150 --> 00:02:48,000

published in the austrian australian

83

00:02:53,509 --> 00:02:50,160

journal parapsychology i work

84

00:02:56,150 --> 00:02:53,519

with a colleague adam rock um adam's in

85

00:02:57,670 --> 00:02:56,160

uh at deakin university in australia so

86

00:03:01,509 --> 00:02:57,680

we did this quantitative

87

00:03:03,990 --> 00:03:01,519

analysis of mediums experiences during a

88

00:03:06,949 --> 00:03:04,000

reading versus just a control

89

00:03:08,949 --> 00:03:06,959

task just a normal state so we did a

90

00:03:10,470 --> 00:03:08,959

reading and then just them having a chat

91

00:03:12,149 --> 00:03:10,480

with me on the phone about a living

92

00:03:15,190 --> 00:03:12,159

person that they knew that served as

93

00:03:16,390 --> 00:03:15,200

the control and we used the instrument

94

00:03:18,790 --> 00:03:16,400

called the phenomenology of

95

00:03:20,790 --> 00:03:18,800

consciousness inventory and it's a

96

00:03:22,470 --> 00:03:20,800

quantitative measure and it and it puts

97

00:03:25,509 --> 00:03:22,480

a number on it quantifies

98

00:03:28,630 --> 00:03:25,519

26 different dimensions of consciousness

99

00:03:32,309 --> 00:03:28,640

so i just have a few up here um

100

00:03:34,470 --> 00:03:32,319

but what we saw was the uh i'm

101
00:03:36,630 --> 00:03:34,480
pushing the button there it is um

102
00:03:38,869 --> 00:03:36,640
negative affects so negative emotions

103
00:03:41,670 --> 00:03:38,879
were higher in the reading condition

104
00:03:43,750 --> 00:03:41,680
than in the control condition so mediums

105
00:03:46,710 --> 00:03:43,760
were experiencing

106
00:03:47,990 --> 00:03:46,720
negative emotions and that seems odd at

107
00:03:50,229 --> 00:03:48,000
first but

108
00:03:51,670 --> 00:03:50,239
what they're experiencing are people you

109
00:03:53,589 --> 00:03:51,680
know um

110
00:03:55,030 --> 00:03:53,599
there's oft there's obviously grief

111
00:03:56,550 --> 00:03:55,040
involved in the relationship

112
00:03:58,470 --> 00:03:56,560
of the discarded with the sitter

113
00:04:00,630 --> 00:03:58,480

sometimes there's anger

114

00:04:01,830 --> 00:04:00,640

you know remorse that sort of thing when

115

00:04:02,309 --> 00:04:01,840

they're just chatting with me on the

116

00:04:04,710 --> 00:04:02,319

phone

117

00:04:05,830 --> 00:04:04,720

there's nothing to to feel to experience

118

00:04:08,869 --> 00:04:05,840

as a

119

00:04:09,830 --> 00:04:08,879

a negative emotion um they also had an

120

00:04:12,550 --> 00:04:09,840

increased

121

00:04:13,030 --> 00:04:12,560

uh altered sense of time during the

122

00:04:16,870 --> 00:04:13,040

reading

123

00:04:19,430 --> 00:04:16,880

so time they lost track of time

124

00:04:20,870 --> 00:04:19,440

during the mediumship reading versus the

125

00:04:23,270 --> 00:04:20,880

control condition

126
00:04:25,110 --> 00:04:23,280
and then in the opposite we saw higher

127
00:04:26,390 --> 00:04:25,120
numbers in the control condition for

128
00:04:29,670 --> 00:04:26,400
volitional control

129
00:04:31,430 --> 00:04:29,680
mediumship reading so

130
00:04:33,030 --> 00:04:31,440
the questions in the pci that address

131
00:04:34,870 --> 00:04:33,040
that are things like you know

132
00:04:36,390 --> 00:04:34,880
thoughts were popping into my mind that

133
00:04:39,749 --> 00:04:36,400
i didn't have control over

134
00:04:40,150 --> 00:04:39,759
so what was happening in their mentation

135
00:04:41,430 --> 00:04:40,160
was

136
00:04:43,749 --> 00:04:41,440
they didn't feel like they had as much

137
00:04:46,469 --> 00:04:43,759
volitional control over it

138
00:04:47,270 --> 00:04:46,479

during the reading and then memory uh

139

00:04:49,189 --> 00:04:47,280

was down

140

00:04:50,550 --> 00:04:49,199

in the reading condition so after the

141

00:04:54,469 --> 00:04:50,560

reading is over

142

00:04:56,469 --> 00:04:54,479

they didn't have uh a good

143

00:04:58,070 --> 00:04:56,479

memory of the what had happened during

144

00:05:01,029 --> 00:04:58,080

the reading and

145

00:05:02,230 --> 00:05:01,039

um that's indicative of you know they're

146

00:05:05,029 --> 00:05:02,240

because they're just acting

147

00:05:07,189 --> 00:05:05,039

as a medium they're just a channel for

148

00:05:08,870 --> 00:05:07,199

information coming from the other side

149

00:05:11,270 --> 00:05:08,880

and they just hear it and say it and

150

00:05:12,070 --> 00:05:11,280

it's not their thoughts so they have no

151

00:05:14,230 --> 00:05:12,080

recollection

152

00:05:15,909 --> 00:05:14,240

often if i'm trying to take notes or

153

00:05:17,590 --> 00:05:15,919

whatever while they do a reading i say

154

00:05:19,510 --> 00:05:17,600

wait can you go back what did you say

155

00:05:21,029 --> 00:05:19,520

then they say i don't i don't remember

156

00:05:22,830 --> 00:05:21,039

what i just said

157

00:05:24,550 --> 00:05:22,840

they've already moved on they're

158

00:05:25,990 --> 00:05:24,560

listening

159

00:05:28,390 --> 00:05:26,000

so then we went on and we did a

160

00:05:29,110 --> 00:05:28,400

qualitative investigation where we asked

161

00:05:31,830 --> 00:05:29,120

mediums

162

00:05:33,350 --> 00:05:31,840

to describe in as much detail as

163

00:05:34,629 --> 00:05:33,360

possible their experiences during a

164

00:05:36,830 --> 00:05:34,639

mediumship reading

165

00:05:38,070 --> 00:05:36,840

and their experiences during a psychic

166

00:05:41,590 --> 00:05:38,080

reading

167

00:05:44,230 --> 00:05:41,600

and we've again we found a number of um

168

00:05:44,790 --> 00:05:44,240

we uh constituent themes for the

169

00:05:46,950 --> 00:05:44,800

different

170

00:05:48,310 --> 00:05:46,960

experiences these are just a few so the

171

00:05:51,029 --> 00:05:48,320

first there is um

172

00:05:52,150 --> 00:05:51,039

a verificatory signs of contact with the

173

00:05:53,590 --> 00:05:52,160

discarnate so

174

00:05:55,830 --> 00:05:53,600

one medium said i have asked for

175

00:05:57,749 --> 00:05:55,840

communication and suddenly here inside

176

00:05:59,830 --> 00:05:57,759

my ears a high ringing sound i'm

177

00:06:03,909 --> 00:05:59,840

thrilled to know this is contact

178

00:06:06,390 --> 00:06:03,919

so they have these often bodily

179

00:06:08,629 --> 00:06:06,400

experiences that they are indeed

180

00:06:10,390 --> 00:06:08,639

communicating with the deceased

181

00:06:13,029 --> 00:06:10,400

another theme that we found that was

182

00:06:15,590 --> 00:06:13,039

common from the mediums

183

00:06:17,029 --> 00:06:15,600

answers to the question this is one

184

00:06:18,469 --> 00:06:17,039

medium said now you would

185

00:06:20,150 --> 00:06:18,479

now you would think being a medium i

186

00:06:21,590 --> 00:06:20,160

would want to look and connect with them

187

00:06:23,270 --> 00:06:21,600

sitting on the edge of my bed

188

00:06:26,550 --> 00:06:23,280

what really happens is they startle me

189

00:06:30,150 --> 00:06:28,710

and then these were themes that we found

190

00:06:33,189 --> 00:06:30,160

that were common to the mediums

191

00:06:36,230 --> 00:06:33,199

descriptions of their experiences during

192

00:06:38,629 --> 00:06:36,240

psychic readings so they they saw visual

193

00:06:39,510 --> 00:06:38,639

auditory and tactile information so one

194

00:06:43,270 --> 00:06:39,520

minute said

195

00:06:45,430 --> 00:06:43,280

i see beautiful colors in the aura

196

00:06:47,029 --> 00:06:45,440

another said i use my hands to detect

197

00:06:48,469 --> 00:06:47,039

health issues in the living person's

198

00:06:51,830 --> 00:06:48,479

spirit form

199

00:06:54,790 --> 00:06:51,840

and they also experienced empathy so

200

00:06:57,029 --> 00:06:54,800

um one medium said i can tell if they're

201
00:06:57,670 --> 00:06:57,039
skeptical open excited happy nervous or

202
00:07:00,550 --> 00:06:57,680
sad and

203
00:07:00,950 --> 00:07:00,560
she's talking about the client there so

204
00:07:20,309 --> 00:07:00,960
the

205
00:07:22,950 --> 00:07:20,319
differences

206
00:07:24,710 --> 00:07:22,960
and then we submitted this paper to the

207
00:07:26,950 --> 00:07:24,720
journal parapsychology it's a

208
00:07:28,790 --> 00:07:26,960
more theoretical paper addressing the

209
00:07:30,230 --> 00:07:28,800
survi survival versus side debate

210
00:07:31,589 --> 00:07:30,240
through process focused mediumship

211
00:07:35,749 --> 00:07:31,599
research

212
00:07:38,629 --> 00:07:35,759
where we propose a study

213
00:07:40,150 --> 00:07:38,639

a quantitative study using the pci where

214

00:07:42,070 --> 00:07:40,160

we give the mediums to pci

215

00:07:43,350 --> 00:07:42,080

after a mediumship reading and a psychic

216

00:07:44,950 --> 00:07:43,360

reading

217

00:07:46,390 --> 00:07:44,960

and all they have is a first name and we

218

00:07:48,550 --> 00:07:46,400

don't tell them whether

219

00:07:50,550 --> 00:07:48,560

they're alive or dead and we discuss at

220

00:07:51,909 --> 00:07:50,560

length the problems with blinding a

221

00:07:55,270 --> 00:07:51,919

medium

222

00:07:56,790 --> 00:07:55,280

um because they have access to you know

223

00:07:58,550 --> 00:07:56,800

regardless of where the information is

224

00:08:00,950 --> 00:07:58,560

coming from they have access to this

225

00:08:03,749 --> 00:08:00,960

other information so blinding them is

226

00:08:04,629 --> 00:08:03,759

can be difficult and we don't know how

227

00:08:06,469 --> 00:08:04,639

close

228

00:08:08,790 --> 00:08:06,479

uh if they're getting psychic

229

00:08:11,029 --> 00:08:08,800

information actually from

230

00:08:12,390 --> 00:08:11,039

entities like spirit guides or angels or

231

00:08:13,270 --> 00:08:12,400

that sort of thing because that

232

00:08:17,029 --> 00:08:13,280

experience

233

00:08:20,390 --> 00:08:17,039

communicating with the deceased

234

00:08:23,189 --> 00:08:20,400

so there's a lot of it's very muddy um

235

00:08:24,869 --> 00:08:23,199

and uh but in the in the paper we talk

236

00:08:27,510 --> 00:08:24,879

about if you

237

00:08:29,029 --> 00:08:27,520

take the the mediums reports that their

238

00:08:30,070 --> 00:08:29,039

experience is that they're communicating

239

00:08:32,230 --> 00:08:30,080

with the dead

240

00:08:34,149 --> 00:08:32,240

and you add that to their alleged

241

00:08:35,190 --> 00:08:34,159

ability to differentiate betw between

242

00:08:37,190 --> 00:08:35,200

the two

243

00:08:38,870 --> 00:08:37,200

experiences and then you add

244

00:08:40,550 --> 00:08:38,880

experimental evidence that the two are

245

00:08:42,389 --> 00:08:40,560

different under controlled conditions

246

00:08:43,909 --> 00:08:42,399

which we would get if we were able to

247

00:08:47,750 --> 00:08:43,919

find funding to do this

248

00:08:51,030 --> 00:08:47,760

study that we proposed then you start to

249

00:08:52,870 --> 00:08:51,040

the evidence starts to maybe lean more

250

00:09:04,710 --> 00:08:52,880

towards survival than the psy

251
00:09:08,230 --> 00:09:06,389
so we talked about proof focused

252
00:09:08,710 --> 00:09:08,240
research process focused research and

253
00:09:10,230 --> 00:09:08,720
then

254
00:09:11,910 --> 00:09:10,240
applied research again we're the

255
00:09:12,790 --> 00:09:11,920
windbridge institute for applied

256
00:09:14,870 --> 00:09:12,800
research

257
00:09:16,630 --> 00:09:14,880
so at the end of the day we don't care

258
00:09:19,990 --> 00:09:16,640
how it works we don't care why it works

259
00:09:22,230 --> 00:09:20,000
how can it help people so

260
00:09:24,790 --> 00:09:22,240
as an example uh this is a quote from

261
00:09:26,070 --> 00:09:24,800
bill and bill lost an infant son to a

262
00:09:29,190 --> 00:09:26,080
congenital heart

263
00:09:32,389 --> 00:09:29,200

uh defect and then about 25

264

00:09:35,030 --> 00:09:32,399

30 years later he lost a grown son in a

265

00:09:37,190 --> 00:09:35,040

motorcycle accident and bill said after

266

00:09:38,949 --> 00:09:37,200

the devastating loss of two sons this

267

00:09:40,310 --> 00:09:38,959

work has proven to me that we survived

268

00:09:42,230 --> 00:09:40,320

the death of our bodies

269

00:09:43,990 --> 00:09:42,240

and has made my life not only bearable

270

00:09:45,750 --> 00:09:44,000

but worthwhile again

271

00:09:47,910 --> 00:09:45,760

and i think that's a really powerful

272

00:09:49,430 --> 00:09:47,920

quote has made my life not only bearable

273

00:09:52,630 --> 00:09:49,440

but worthwhile again

274

00:09:55,030 --> 00:09:52,640

like his life was unbearable to be alive

275

00:09:57,430 --> 00:09:55,040

and then he got some mediumship readings

276

00:09:59,269 --> 00:09:57,440

and then his life was worth living again